



# ***Frights & Freedom 5k***

LIVE YOUNG WELLNESS SPA & FLOWER MOUND PLASTIC SURGERY

2025

# ***FUN RUN***

BENEFITING SPECIAL OPERATIONS WARRIOR FOUNDATION

**18**  
OCT,  
2025

**5K**



MOVIEHOUSE &  
EATERY LAKESIDE

**COSTUME RUN WITH \$100 CASH PRIZES!**

**EARLY BIRD REGISTRATION \$25**  
DEADLINE: JULY 31

**STANDARD REGISTRATION \$30**  
AUGUST 1-SEPTEMBER 20

**LATE/RACE DAY REGISTRATION \$35**  
SEPTEMBER 21-OCTOBER 18

**SCAN ME TO REGISTER  
& GET YOUR T-SHIRT**



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